

Prayer

O God, who were pleased to give us
the shining example of the Holy Family,
graciously grant that we may imitate them
in practicing the virtues of family life
and in the bonds of charity,
and so, in the joy of your house,
delight one day in eternal rewards.
We ask this through Christ our Lord.

Amen



Our Catholic faith and the teaching of the Church enable us to affirm the truth about marriage and family:

We believe in God as Three Persons, a relationship of reciprocal mutuality and equality, the model for all human relationships.

We believe in the Church, the bride of Christ, whose mission is to announce the Good News of salvation and the call to conversion.



THE CALL, THE JOURNEY AND THE MISSION

An Invitation from the Bishops of England and Wales to
Reflect on the Gift of Marriage and Family Life

Mary, the Annunciation and Visitation



Scripture: Luke 1:26-56

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. He came to her and said, "Greetings, favoured one! The Lord is with you." But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favour with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob forever, and of his kingdom there will be no end." Mary said to the angel, "How can this be, since I am a virgin?" The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God." Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those

who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever." And Mary remained with her about three months and then returned to her home.

Questions to ponder

- Who listens to you? Who do you listen to? When and how do you listen to those in your family? What does it feel like, to listen, especially in difficult times?
- How do you listen to God? What does that feel like?
- How does Mary listen to God? What are her immediate/later responses?
- What's it like finding out about a new baby on the way? What's going on in your hearts and minds as parents? As wider family? What's it like being a parent for the first time? What are the hopes and the concerns? What helps?

Bishops' Question

How can we better understand marriage as a vocation?

Record your responses.